


TOOLS FOR NEW PROSPECTIVES AND TAILORED ANAESTHESIA



A word cloud featuring the following terms in various sizes and colors: ANAESTHESIA (large blue), DRUGS (yellow), MONITORING (grey), TAILORED (blue), PAIN (yellow), PERSONALIZED (pink), ANAESTHESIA (green), DRUGS (blue), MONITORING (blue), DRUGS (magenta), PAIN (yellow), PERSONALIZED (teal), DRUGS (yellow), MONITORING (magenta), DRUGS (magenta), MONITORING (blue), TAILORED (blue), ANAESTHESIA (teal), MONITORING (grey), PERSONALIZED (teal), DRUGS (yellow), MONITORING (blue), TAILORED (blue), ANAESTHESIA (teal), PAIN (yellow), PERSONALIZED (teal), DRUGS (yellow), MONITORING (blue), TAILORED (blue), ANAESTHESIA (teal), PAIN (yellow), PERSONALIZED (teal).

a cura di AARO I EMAC Fvg

UDINE
23 NOVEMBRE 2024

INTRODUCTION

In recent years, the field of anesthesiology has made significant strides toward a more personalized and patient-centered approach. Tailored anesthesia, or telo-anesthesia, represents one of the most innovative frontiers in this context. This approach is based on adapting anesthetic techniques to the specific physiological and pathological needs of each patient, ensuring greater safety and faster recovery. Telo-anesthesia is founded on the principle that each patient is unique and therefore requires a customized anesthetic protocol. This includes the choice of drugs, dosages, administration techniques, and intraoperative monitoring. Personalization is achieved through a detailed preoperative assessment that considers factors such as age, weight, preexisting medical conditions, and the nature of the surgical procedure.

Electroencephalographic monitoring is a fundamental tool in telo-anesthesia. EEG allows real-time assessment of anesthetic depth, preventing both overdose and under sedation. The EEG monitoring enables anesthesiologists to maintain optimal sedation levels, reducing the risk of adverse events and improving postoperative recovery. Analgesia monitoring is another crucial component of

telo-anesthesia. Techniques such as the analgesia nociception index provide valuable information on the level of pain perceived by the patient during surgery. This allows for more precise modulation of analgesic use, preventing both excessive administration and insufficient analgesia. Opioid-free anesthesia (OFA) is an emerging approach that aims to eliminate or significantly reduce the use of opioids during and after surgery. This approach relies on the use of alternatives such as non-opioid drugs and regional techniques. OFA offers numerous advantages, including a reduction in opioid-related side effects such as nausea, vomiting, and respiratory depression, as well as a decreased risk of dependency and abuse. Telo-anesthesia represents a revolution in the field of anesthesiology, shifting the focus towards a more personalized and safer approach. The integration of electroencephalographic and analgesia nociception monitoring, along with the adoption of opioid-free anesthesia techniques, significantly improves clinical outcomes and patient well-being. This scientific congress will provide a unique opportunity to discuss the latest scientific evidence, share clinical experiences, and explore future directions of this innovative approach.

PROGRAM

08:00 - 08:30 **Registration**

08:30 - 09:00 **Introduction**

*Maria Cristina Melia, Latisana
Alberto Peratoner, Trieste*

09:00 - 11:00

I SESSION FROM DAMAGE CONTROL TO DAMAGE PREVENTION

*Chairmen: Flavio Bassi, Udine
Paolo Chiarandini, Palmanova
Tommaso Pellis, Pordenone
Massimiliano Saltarini, Gorizia*

09:00 - 09:40 **Why and how to start with Opioid Free Anaesthesia for most surgical procedures**

Jan P. Mulier, Belgium

09:40 - 10:00 **How to implement O.F.A. A practical experience**

Rino Colussi, Latisana

10:00 - 10:20 **Opioid Sparing in Robotic Urological Surgery: our experiences**

Claudia Ambrosio, Pordenone

10:20 - 11:00

ROUNDTABLE

Is the sympathetic nervous control the key?

11:00 - 11:20 **Coffee Break**

11:20 - 13:00

II SESSION A NEW KEY OF LOCOREGIONAL ANAESTHESIA: HOW, WHY AND ON WHOM?

*Chairmen: Gabriella Nadalin, San Vito al Tagliamento
Raffaella Sagredini, Trieste
Loris D'Orlando, Tolmezzo
Massimo Nordio, San Daniele del Friuli*

11:40 -12:20

Nociception and use of NOL technology in anaesthesia

Esteban Sala Rezola, Spain

12:20 - 12:40 **Impact of opioid free anaesthesia during primary breast cancer surgery on systematic inflammatory response**

Fabrizio Brescia, Aviano

12:40 - 13:00 **Right tools and strategies in the pediatric patient**

Gaia Milvia Bregant, Trieste

13:00 - 13:30 **Discussion**

13:30 - 14:30 **Light Lunch**

14:30 - 16:30 **III SESSION TOOLS: INSTRUCTIONS FOR USE!**

Moderatori:

Francesca Lucchese, Udine

Rino Colussi, Latisana

Pier Eugenio Gobbato, Monfalcone

Massimiliano Saltarini, Gorizia

14:30 - 15:00 **Points of view: Neurophysiologist**

Marco Belluzzo, Udine

15:00 - 15:30 **Real time anaesthesia: interpretation raw EEG**

Carla Carozzi, Milano

15:30 - 16:00 **Target Control Infusion for tailored anaesthesia: role of DSA**

Annapaola Dotto, Treviso

16:00 - 16:30 **ROUNDTABLE**

Are we ready to change? The words to the experts

16:30 - 16:45 **Closing remarks**

Maria Cristina Melia, Latisana

Alberto Peratoner, Trieste

INFORMAZIONI

PRESIDENTE CONGRESSO

Alberto Peratoner

Anestesia e rianimazione,
Azienda Sanitaria Universitaria
Giuliano-Isontina, Trieste

RESPONSABILE SCIENTIFICO

Maria Cristina Melia

Anestesia e rianimazione,
Azienda Sanitaria Universitaria
Friuli Centrale, Palmanova-Latisana

SEGRETERIA ORGANIZZATIVA PROVIDER ECM

Meeting srl - Provider ECM n. 7194
Via Villalta 32 - 33100 Udine
tel. 0432-1790500
eventi1@meetingsrl.eu
www.meetingsrl.eu

SEDE

Hotel Là di Moret
Via Tricesimo 276
33100 Udine

ISCRIZIONE

L'iscrizione va effettuata tramite la compilazione di un form online sul sito ecm.meetingsrl.eu andando alla pagina "Catalogo dei corsi" e selezionando la card dell'evento.

<https://ecm.meetingsrl.eu>

ECM

L'evento è stato accreditato per n. 100 partecipanti presso il Ministero della Salute come da programma Ministeriale di Educazione Continua in Medicina per le seguenti

Professione: Medico Chirurgo; Infermiere
Disciplina: Anestesia e Rianimazione

Riferimento ECM: **7194-432636** Crediti **6**

La compilazione sarà possibile da fine evento e fino al 26/11/2024 alle ore 23:59, darà diritto ai crediti SOLO se associata alla presenza effettiva al 90% dei lavori, al superamento del questionario ECM (1 tentativo, 75% risposte corrette) ed alla compilazione del questionario di gradimen

PATROCINI



ASU FC
Azienda sanitaria
universitaria
Friuli Centrale

ASUFC
Azienda Sanitaria Universitaria
Friuli Centrale



ASUGI
Azienda Sanitaria Universitaria
Giuliano Isontina

ASUGI
Azienda Sanitaria Universitaria
Giuliano Isontina



AS FO
Azienda sanitaria
Friuli Occidentale

ASFO
Azienda Sanitaria Universitaria
Friuli Occidentale



AAROI EMAC
Associazione Anestesiisti
Rianimatori Ospedalieri Italiani
Emergenza Area Critica

AAROI EMAC
Associazione Anestesiisti
Rianimatori Ospedalieri Italiani
Emergenza Area Critica

CON LA SPONSORIZZAZIONE NON CONDIZIONANTE DI

Promed

Medtronic

ANAESTHESIA
ANAESTHESIA PERSONALIZED
MONITORING DRUGS
DRUGS
MONITORING
PAIN
MONITORING
TAILORED ANAESTHESIA MONITORING
PERSONALIZED